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| **CONTEXT:**  This session of activities is important to help students to understand the effect alcohol has on the body, including the short term and long term physical effects and the social implications. It also explores the consequences of too much alcohol and why we need to behave responsibly. Using DVD clips and the interactive learning zone students will be able to discuss the possibilities of different outcomes. |
| **LEARNING OBJECTIVES:**   * To discover what the short term and long-term effects of alcohol are on body functions. * To find out what happens to alcohol when it enters and leaves the body. * To explore what the possible consequences of drinking too much alcohol can be, both for other people and the drinker. * To consider what our responsibilities are towards other people. |
| **INTENDED LEARNING OUTCOMES:**  Students will be able to explain what the short term and long-term effects of alcohol are on body functions.  Students will know what happens to alcohol when it enters and leaves the body.  Students will try to understand what the possible consequences of drinking too much alcohol can be, both for other people and the drinker.  Students will be able to explain what their responsibilities are towards other people. |
| **CLIMATE FOR LEARNING:**  See teacher Guidance Notes  Develop or reinforce existing ground rules/ group agreement drawn up with the students, add or emphasis any ground rules that are especially relevant to this lesson.  Familiarise yourself with the schools Safeguarding and Child Protection policies and key staff with lead responsibilities.  Make use of a suggestion box and have strategies for handling sensitive questions.  Include and protect sensitive, vulnerable students and those with SEND (see Picture & Story led activities)  Use distancing techniques, allowing students opportunity to discuss sensitive issues without disclosure. |
| **ACTIVITY: (**20 mins)   * **The Body Zone**   Using the interactive learning zone or the worksheets recommended allow students to explore what facts they already know and those they don’t.   * **How too much alcohol affects the body?** – in pairs or small groups, short term and long term. * **What happens to alcohol in the body, short term and long term?** – PPT presentation * **When should adults not drink at all?** – PPT presentation * **“Just a few drinks” Watch Jordan’s story –** activity in groups * **Consequences Game –** interactive learning zone version or class-based activity * **Extension activity –** “You, friends and strangers” complete in small groups. |
| **PLENARY:** (5 mins)  Briefly recap what has been covered in the lesson using the Learning Objectives  Signpost students to staff in school and external agencies where they can go for additional support around alcohol issues.  Promote the TAA website as a source of further information, resources and activities. |
| **ASSESSMENT FOR LEARNING:** **Ask students to:** (5 mins)   * Explain 2 short term and 2 long term effects of alcohol on the body? * Describe what happens to alcohol when it enters and leaves the body? * Discuss what some of the possible consequences might be of drinking too much alcohol. * Understand what our responsibilities are towards other people. |
| **EXTENDED PROJECTS:**  Go to the Interactive Learning Zone [www.talkaboutalcohol.com](http://www.talkaboutalcohol.com)  Make a poster showing the physical and social effects of alcohol. |