

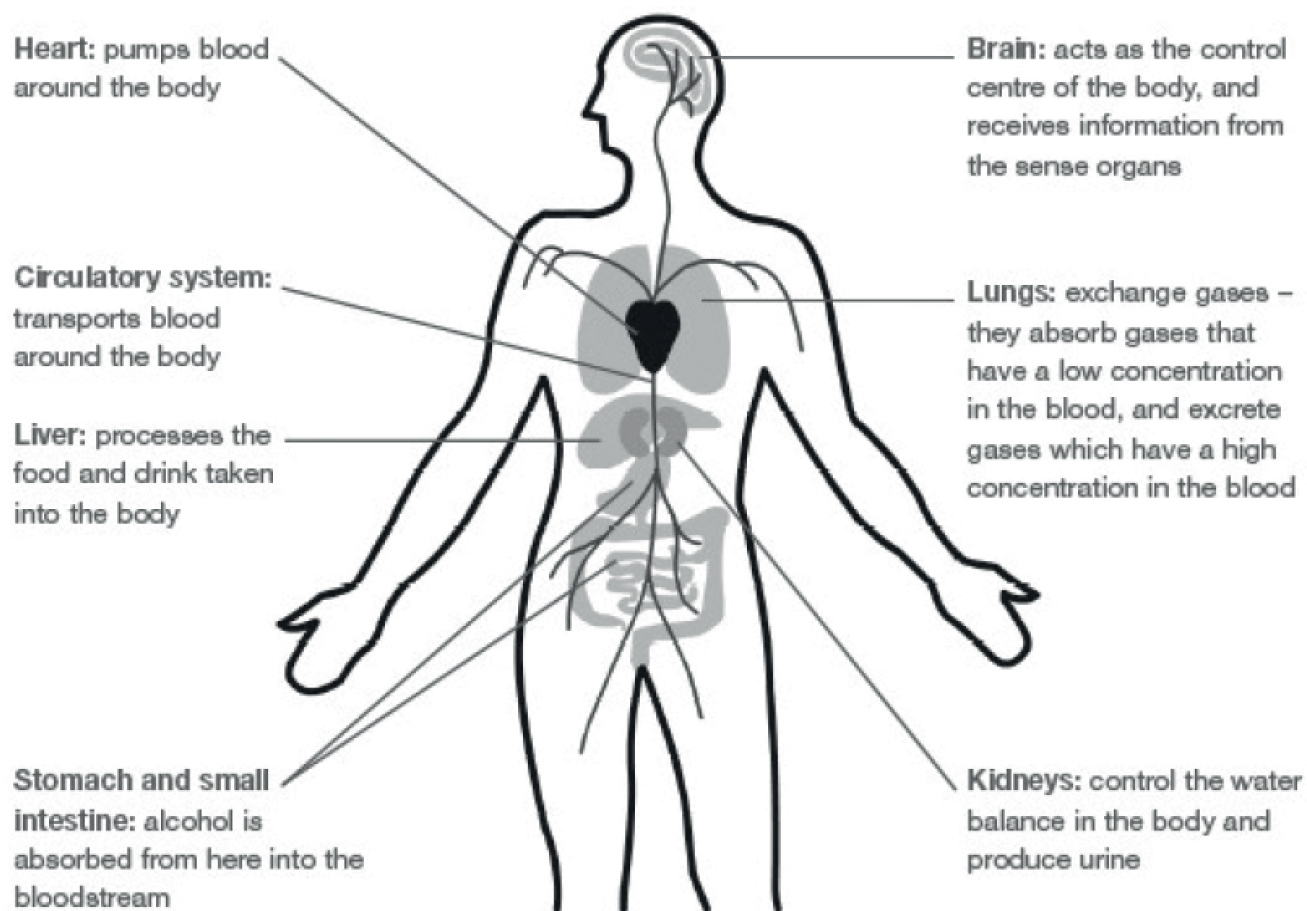
LONG TERM EFFECTS OF ALCOHOL ON THE BODY

SCIENCE/ ENVIRONMENTAL STUDIES WORKSHEET 6

Drinking alcohol has short term effects on the body (Worksheet 3). However, drinking excessive alcohol over a longer period of time can have serious effects on a person's health.

ACTIVITY ONE

Look at the diagram below:



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SCIENCE/ ENVIRONMENTAL STUDIES WORKSHEET 6

Draw a line to connect the parts of the body with the long-term effects of alcohol.

Brain

Liver

Heart

Circulatory system

Lungs

Stomach and small intestine

Kidneys

Cirrhosis and cancer

Ulcers

Depression and mood swings

Urinary infections

Memory loss

Bloodshot eyes

High blood pressure

Mental illness

Flushed complexion

Rapid pulse

Vomiting and diarrhoea

Dehydration

There is information to help you at www.talkaboutalcohol.com/interactive-body/

ACTIVITY TWO

1. How can alcohol affect someone's facial appearance?
2. Why can drinking alcohol lead to weight gain?
3. Why is the liver particularly at risk from long-term drinking?
4. Why should pregnant women restrict the amount of alcohol they drink?